



Finding the Right Dentist for You

Dental care is personal, so it's important to find a dentist you are comfortable with.

The best ways to find a dentist are word of mouth from friends or family, or by asking for a recommendation from a local specialist or the local dental society.

When searching for a dentist, check if he or she is a member of organized dentistry through local, state or specialty organizations. Most importantly, make sure the dentist participates with Delta Dental.

Some signs of a good dentist:

- Good technique with patients
- Asks questions
- Communicates treatment plans clearly
- Provides a clear understanding of your procedure costs and out-of-pocket costs

Be cautious of a dentist who:

- Uses large or tacky advertisements
- Has a "we can do it all" attitude
- Plans treatments by what your benefits cover and not your health needs
- Focuses on doing procedures instead of achieving and maintaining optimal oral health

