

## Need Dental Care?



Taking care of your mouth is just as important as taking care of your body. That's why it's important to establish a dental home—a place where you develop an ongoing relationship with a dentist. Your dental home can help you create good oral health habits for you and your family, resolve any dental issues you may have and give you a place to go in case of a dental emergency.

## Flip over to learn more!



## How do I find a clinic or determine if I am eligible for Medicaid?

Visit your state's website to learn more about:

- Clinics near you that charge on a sliding-fee scale based on your income or accept Medicaid.
- Whether your family qualifies for assistance under Medicaid. If your child is already covered by Medicaid, they automatically qualify for dental benefits.

Michigan: deltadentalmi.com/safetynet Ohio: deltadentaloh.com/safetynet Indiana: deltadentalin.com/safetynet

## How else can I keep my mouth healthy?

Even if you see a dentist every six months, taking care of your teeth every day is important:

- Brush your teeth twice a day.
- Floss once a day (best at night).
- Make sure every member of your family has their own toothbrush.



For more information about the Delta Dental Foundation, visit www.deltadentalmi.com/ddf.

